



EastWest Transpersonal

TRAINING SCHOOL

Happy solstice, merry Christmas, happy holidays!

Dear students, dear friends,

we wish you all the best for these holidays and for the new year!

Perhaps you are one of those, who will start 2024 with your personal hero's journey in our exciting training?
[Learn more](#)

Maybe you want to start later? Maybe you want to listen as a participant to some of our lectures or visit an intensive practice seminars? Talk to us.

Things are becoming concrete and we only have a few weeks to go until the start.

"**Hero's Journey**" will be the topic of our first lecture at the 6th of February.



Now is the time

So, if you want to become a transpersonal therapist and want to learn how to facilitate Holotropic Breathwork/ Grof Bresathwork-processes, join us!

You may use the applying formular on our website to confirm your participation. Anyone who hears the call and feels drawn to this adventure is welcome.

Apply

Practice

Beside the weekly online lecture we offer a lot of practice. The first intensive with Holotropic Breathwork and Integrative Techniques will be from the **29th of February to the 3rd of March 2024** in Germany. The venue is an old black forest house. Kati Wortelkamp from Germany and Lyudmila Skartsesku from Moldova, the two heads of the EastWest Transpersonal Training School, will welcome you and lead this seminar.

Neither of us are native English speakers, so our English is simple to understand. German translation is possible. Don't hesitate, if your English is not perfect!

Adress: Haus am Mühlenbach, Mühlematt 6, 79682 Todtmoos-Au. [Website](#)
You can fly to Basel, take train and bus, or come by car. We will help you to find the way.
(See map below.)

The house is quiet cheap, about 90 € for two nights. We will try to provide for ourselves using a list of things to bring, so that the food is also inexpensive. We have a kitchen there and a beautiful seminar room.





Second Intensive Practice

For the second practice with [Mario Lorenzetti](#) (double Holotropic Breathwork in a shamanic frame) from the 25th to the 28th of April 2024 we also booked this seminar house, because the house in Italy was too expensive.

More informations about the schedule you find [here](#).

We hope that you feel addressed and that we can welcome you in February 2024 or later!

Kati and Lyudmila