



# EastWest Transpersonal TRAINING SCHOOL

Dear students, participants and interested  
people!

After the very lively and profound seminar with [Nicolas Cambas](#) last weekend, the journey into our inner selves continues - or begins for you - with a Double Holotropic Breathing session in Todtmoos.

'The purest form of madness is to leave  
everything as it is and at the same time  
hope that something will change.'

(Einstein)



Picasso

16 to 19 April  
Double Holotropic Breathing  
in Todtmoos/ Germany

In this format, you have the opportunity to go through the breathing process twice. I now prefer this format because it offers the opportunity to delve deeper into the processes.

The safe environment with experienced facilitators, the time spent together in the seminar house with the other participants, the beautiful natural surroundings and the provision of meals give you a safe environment in which you can let yourself go.

In exceptional cases and for experienced individuals, participation on Friday or Saturday only is possible (as a breather and sitter). In this case, please still stay two nights at the seminar house to integrate part of the experience before returning to your everyday life.

[More information](#)



Picasso

All upcoming Dates 2026/ 27

16.-19. April 26  
**English/ German**

**Double Grof Breathwork** in Todtmoos-  
Au (Germany)

29.- 31. May 26 <b>English/ Romanian</b>	<b>Grand Breathwork Event in Bukarest/Romania</b> with Kati and Lyudmila Skartsesku Requests: cristinaandreialex@yahoo.co.uk
10.- 14. June 26 <b>English/ Russian/ Spanish</b>	<b>Summerschool in Moldova</b> with Mireia Berdun, Lukas Galli, Dario Giuffrida, Paulina Violina, Gonzalo Paniagua and friends. Requests: lidakol@gmail.com
01.- 05. July 26 <b>English</b>	<b>Holotropic Breathwork</b> and <b>Intensive with Lyudmila Skartsesku: Working with a Group</b> in Todtmoos-Au (Germany) <a href="#">Infos</a>
31.July - 02. August 26 <b>English/ Latvian</b>	<b>Triple Grof Breathwork</b> in Riga/ Latvia with Kati and Sigits Duduris <a href="#">Contact and registration</a>
27.- 30. August 26 <b>Deutsch/ English</b>	<b>Doppeltes Holotropes Atmen/ Double Grof Breathwork</b> in Todtmoos-Au (Germany) with Kati and Ursula Boger <a href="#">Info</a>
15.- 20. September 26 <b>English</b>	<b>Holotropic Breathwork</b> and seminar with Rainer Pervöltz: Transpersonal Consciousness Work – „The Central“ Holotropic Breathwork: <a href="#">Info</a> Seminar with Rainer: <a href="#">Info</a> in Todtmoos-Au (Germany)
19.- 20. October 26 (probably) <b>English</b>	<b>Holotropic Breathwork</b> seminar before the <a href="#">Eurotas conference</a> in Spetses/ Greece with Kati and Lyudmila Skartsesku. Info to follow
17.- 22. November 26 <b>English</b>	<b>Double Holotropic Breathwork</b> and seminar with <a href="#">Stephan Schillinger</a> : „Family Constellation“ in Todtmoos-Au (Germany) <a href="#">Info</a>
10.- 13. Dezember 26 <b>Deutsch/ English</b>	<b>Doppeltes Holotropes Atmen/ Double Grof Breathwork</b> in Todtmoos-Au (Germany) with Kati and Ursula Boger <a href="#">Info</a>
23.-28. February 27 <b>English</b>	<b>Intensive and Double Holotropic Breathwork</b> with <a href="#">Gisela Möhle</a> „Bodywork“ in Todtmoos-Au (Germany)
06.-11. April 27 <b>English</b>	<b>Holotropic Breathwork</b> and seminar with Rainer Pervöltz Transpersonal Consciousness Work – „The Central“ Holotropic Breathwork: <a href="#">Info</a>

	Seminar with Rainer: <a href="#">Info</a> in Todtmoos-Au (Germany)
01.-04. July 27 <b>English</b>	<b>Double Grof Breathwork</b> in Todtmoos-Au
19.-22. August 27 <b>English/ Deutsch</b>	<b>Double Grof Breathwork</b> in Todtmoos-Au
16.-19. September 27 <b>English</b>	<b>Double Grof Breathwork</b> in Todtmoos-Au
18.-21. November 27 <b>English</b>	<b>Double Grof Breathwork</b> in Todtmoos-Au
09.-12. December 27 <b>English/ Deutsch</b>	<b>Double Grof Breathwork</b> in Todtmoos-Au

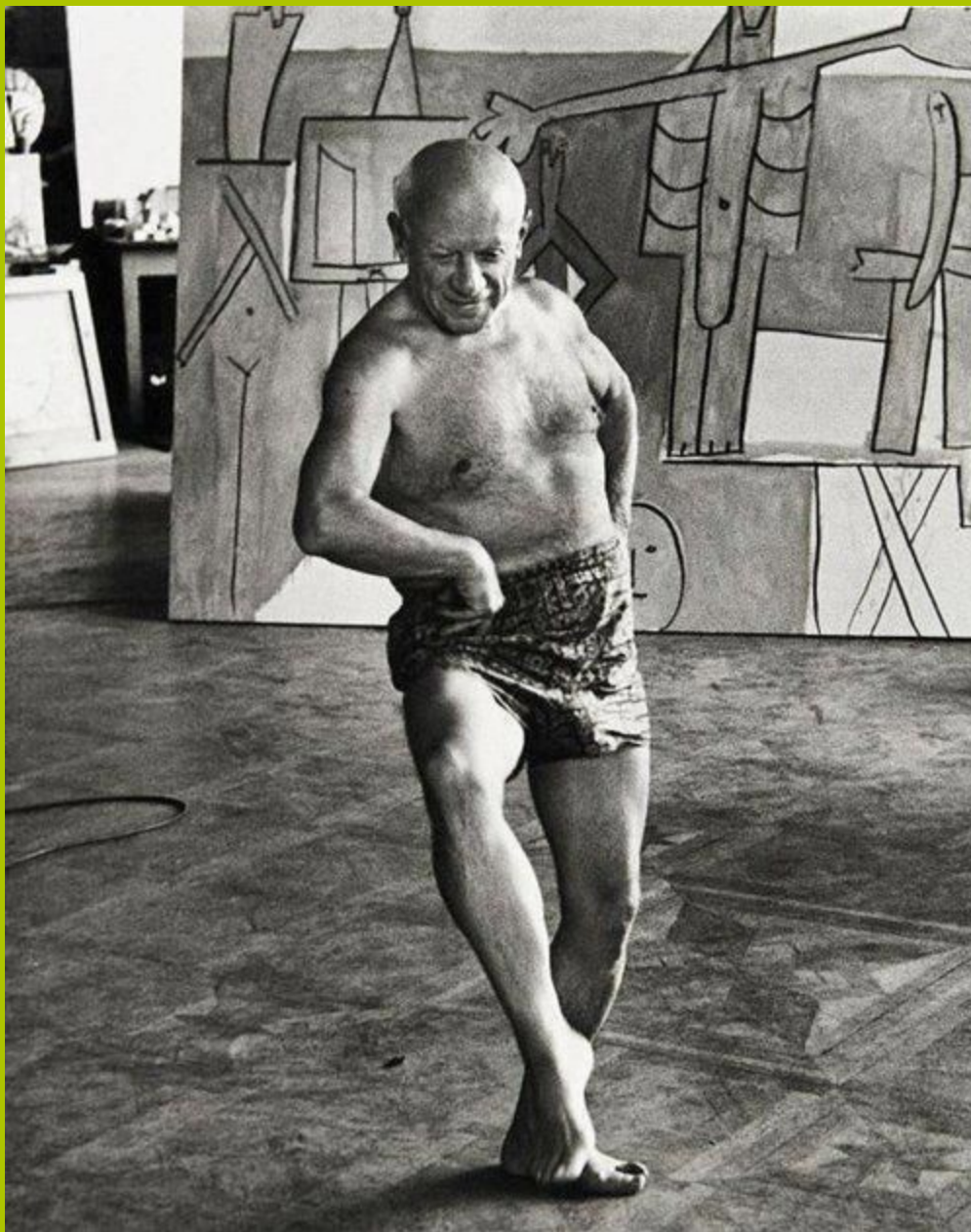


**EastWest Transpersonal**  
TRAINING SCHOOL

[Here](#) you find the West program of the EastWest Transpersonal Training School. It is still possible to join the training programme, as it will continue in 2027. Even if you are not a student, you may join lectures or intensives and seminars.

**Please contact me, if you have any questions!**

**Warm greetings! Kati**



'It takes a long time to become young.'

(Pablo Picasso)

If this message is not displayed correctly, click [here](#).

EastWest Transpersonal Training School  
Head West  
Kati Wortelkamp, M.A.  
Kollmarsreuter Str. 13  
79312 Emmendingen  
Germany  
+49 (0)176 382 34517  
ewtts2024@posteo.de

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